



SAINT LOUIS  
UNIVERSITY



# at HOME+

Help Online Modifying the Environment

If you are caring for and living with someone who has moderate to severe dementia with challenging behaviors, at HOME+ can help! We teach family caregivers how to assess and modify the environment to reduce dementia behaviors (i.e., repetition, agitation, etc.) and help you plan for future needs.

## Participation includes

- Telehealth visits for family caregivers (once a week for six weeks)
- Receipt of a toolkit, including items such as special lighting, aromatherapy, activities for people with dementia, etc.

If you would like more information or are interested in participating, please contact Allison Gibson, PhD. Program will be launching in January 2025- join the waitlist today!

Allison Gibson, PhD & Cara Wallace, PhD

Office: 314-977-3384

(may need to leave a voicemail)

Email: [allison.gibson@slu.edu](mailto:allison.gibson@slu.edu)